

India Cycling Retreat



DECEMBER 5-20 2024
JANUARY 8-23 2025

Join us for an exhilarating journey cycling the Arabian coast, cruising the Keralan backwaters, climbing hill stations and exploring the old world of Tamil Nadu! Dive deep into the embodiment of the yogic pathway with daily practise plus our forest retreat. No yoga or biking background required to immerse in this bespoke opportunity, just a sense of curiosity & adventure!



Align

Daily breathwork, meditation and yoga
3 day yoga and personal growth retreat

Adventure

Spectacular and diverse 500km loop
12 days cycling, average 50km /day

Awaken

Self realisation practices

Grassroots experience of incredible India

Hosts

Jessica Thomas

International cyclist

+ guide

jessica.thomas2537@gmail.com

Marie Louise

Spiritual guide of
consciousness

marie@marielouise.com.au



MAX 8 - TWIN SHARE
IN HANDPICKED, UNIQUE
ACCOMMODATION



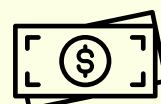
ALL INCLUSIVE OF MEALS
ACCOMM, MECHANIC
+ SUPPORT VEHICLE



START TRIVANDRUM/
FINISH KOCHI - INDIA



BYO BIKE, OR HIRE
AVAILABLE \$335



**\$3395
AUD**